**When Someone Feels They Belong**

|  |  |  |
| --- | --- | --- |
| **They might feel** | **They might think** | **They might behave** |
| E.g. Accepted, at ease with themselves | E.g. They are liked | E.g. Being friendly, being generous |

**When Someone Feels They Are Fitting In**

|  |  |  |
| --- | --- | --- |
| **They might feel** | **They might think** | **They might behave** |
| E.g. Bit scared inside | E.g. Wondering if other people like them | E.g. Not sharing |