**Examples of Violence**

Rank the following examples from 1 to 5 according to the severity of the violence 1 being mild and 5 being severe.

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| **Example** | **Ranking 1-5** |
| About once every two weeks Tom gets irritable and moody. When he is like this he puts his girlfriend Aisha down in public telling her she is stupid and useless. |  |
| When Olivia wants something she just goes out and gets it. No matter who gets in the way, Olivia will walk all over them to make sure she gets what she wants. |  |
| Josh and Marcus are twins who dislike their next-door neighbours’ dog that barks all afternoon. One day they decide to teach it a lesson. They go to the fence between the gardens and tease the dog by offering food and then pulling it away at the last minute. |  |
| Farhana doesn’t always like her little sister. When her mum isn’t looking, Farhana constantly teases her baby sister by pinching, poking her face or pulling her hair. When the child cries and their mum comes in, Farhana always acts innocent and makes sure she is well away on the other side of the room. She denies doing anything. |  |
| Alex stole money from his teacher’s purse. When the class was asked about the missing money, nobody admitted to seeing it. After class Alex goes to the teacher and says that he found the money in Jack’s desk. He makes up stories about how Jack is really a liar and thief and that Jack stole the money.  |  |

NB change names to reflect the cultural mix of the learners. Don’t use names that are the same as any of the learners.

Adapted from Feeling Safe and Standing Strong Facilitator’s Manual