## Non-violent methods - Checklist

| Name of the movement:                      | <br> |
|--|------|
| Used mixed methods                         |      |
| Involved large numbers of people           |      |
| Involved people from different backgrounds |      |
| Took down pillars of support               |      |
| Found allies                               |      |
| Showed resilience                          |      |
| Planned carefully                          |      |
| Trained participants                       |      |
| Got media attention                        |      |
|  |      |